

Morton Grove Senior Center • 6140 Dempster Street • Morton Grove, Illinois • (847) 663.3070

SUNDAY

Short Story Time
May 2nd @9:30
 Read and discuss
 a short story.

Singing for Your Health
May 9th @ 9:30
 The health benefits of singing and humming are many! Please join us to learn, to sing along and see how to add more singing into your life. Adding more singing, humming and music to our days could be the ticket! There will also be a mini-concert of some of your favorites durina of our time together.

Dr. Labunski
May 16th @ 9:30
 Discussion regarding
 adverse drug reactions
 among older adults

JACKIE KRUBERT
MAY 23 @ 9:30
 Historical program ...Power
 and Contrast...General
 Grant and General Lee –
 each other's attitude about
 slavery and strategies of
 war.

MONDAY

02
 9:30 – 11:30 **Short Story Time**
 10:00 – 12:00 Line Dancing
 11:30 - 3:00 Canasta
 1:00 - 3:00 Mahjong Club
 1:00 – 2:00 Tai Chi
 2:00 – 3:00 Zumba Gold

09
 9:30 – **Marty Golub**
 10:00 – 12:00 Line Dancing
 11:30 - 3:00 Canasta
 1:00 - 3:00 Mahjong Club
 1:00 – 2:00 Tai Chi
 2:00 – 3:00 Zumba Gold

16
 9:30 – **Dr. Alma Labunski**
 10:00 – 12:00 Line Dancing
 11:30 - 3:00 Canasta
 1:00 - 3:00 Mahjong Club
 1:00 – 2:00 Tai Chi
 2:00 – 3:00 Zumba Gold

23
 9:30 **Jackie Krubert**
 10:00 – 12:00 Line Dancing
 11:30 - 3:00 Canasta
 1:00 - 3:00 Mahjong Club
 1:00 – 2:00 Tai Chi
 2:00 – 3:00 Zumba Gold

30
The Center Will Be Closed To Celebrate Memorial day

TUESDAY

03
 11:30 - 3:00 Mahjong Club

10
 11:30 - 3:00 Mahjong Club
 1:00 – 2:00 Advisory Commission Aging

17
 11:30 - 3:00 Mahjong Club

24
 11:30 - 3:00 Mahjong Club

31
 11:30 - 3:00 Mahjong Club

WEDNESDAY

04
 10:00 – 12:00 Bingo Lunch
 12:00 - 3:00 Rummy Cube
 1:00-3:00 Canasta

11
 10:00 – 12:00 Bingo Lunch
 12:00 - 3:00 Rummy Cube
 1:00-3:00 Canasta

18
 10:00 – 12:00 Bingo Lunch
 12:00 - 3:00 Rummy Cube
 1:00-3:00 Canasta

25
 10:00 – 12:00 Bingo Lunch
 12:00 - 3:00 Rummy Cube
 1:00-3:00 Canasta

For information on programming please call 847-663-3070

THURSDAY

05
 9:30 - 12:45 Pinochle Club
 11:00 - 3:00 Bridge
 12:30 - 3:00 Mahjong Club
 1:00 - 2:00 Chair Yoga

12
 9:30 - 12:45 Pinochle Club
 11:00 - 3:00 Bridge
 11:30-12:30 I Am Not an Artist
 12:30 - 3:00 Mahjong Club
 1:00 - 2:00 Chair Yoga

19
 9:30 - 12:45 Pinochle Club
 11:00 - 3:00 Bridge
 11:30-12:30 I Am Not an Artist
 12:30 - 3:00 Mahjong Club
 1:00 - 2:00 Chair Yoga
5:00 – 6:30 Concert

26
 9:30 - 12:45 Pinochle Club
 11:00 - 3:00 Bridge
 11:30-12:30 I Am Not an Artist
 12:30 - 3:00 Mahjong Club
 1:00 - 2:00 Chair Yoga

FRIDAY

06
 12:00 - 3:00 Poker Club
 11:00 – 2:00 **Morton Grove Senior Luncheon**

13
 12:00 - 3:00 Poker Club

20
 12:00 - 3:00 Poker Club

27
 12:00 - 3:00 Poker Club

SATURDAY



May 2022